

The Top 10 Fashion No-No's for Men



We do a lot of talking about what people should wear, but today we'd like to discuss the things that no one should wear. Ever. And this list is specifically for all the sexy, strong, manly men out there. We know you want to look good, we know you can do it, and this list will get you one step closer!

1. Pleated pants

We have no idea why all the stores continue to carry this ultra un-flattering style in such large quantities. But they do. And you just have to be the bigger person and walk away, preferably in the direction of a nice plain-front pair of pants. The pleats make any guy look shorter and in many cases chunkier. *Exception: pleated pants as part of a suit, but as long as the jacket stays on to cover them.*

2. Cuffed pants

Usually cuffs go hand in hand with those horrible pleats on pants. Either way, avoid the cuff, it cuts into the straight-line silhouette of the pant and will again make you look shorter.

3. The Wrong Socks

You know you've seen it. Heck, maybe you've even done it. The horrendous atrocity that is the black dress sock paired with a sneaker and worn with [gulp] shorts. Okay, that's an extreme example. But we see a lot of men in too-short dress socks that allow a part of the calf to be visible when the man is sitting

down. Or any socks with sandals. Basically the rule of thumb is match the sock color to the tone of the shoe you are wearing and keep dress socks thin, while sports socks can be thicker.

4. The Mock Turtleneck

Some guys can rock a turtleneck sweater, and we respect them for it. But the mock-neck is neither here nor there, and it is usually made out of a thin wool that looks flimsy and weak. What's worse, it makes most men look like they have no neck. So steer clear!

5. Wearing Industrial Wear in Non-Industrial Situations

Overalls, coveralls, flannel shirts, padded work shirts, construction boots, scrubs & clogs and shirts with your name on it belong at the building site, hospital or body shop, or wherever else they are used for work. You work to live not live to work, right? Dress accordingly in the off-hours.

6. Sweats

This is a big one. We all want to be comfy, especially on our days off. But comfy can still be stylish! Choose sweats that fit your body well and are in neutral colors, that can be coordinated easily as tops and bottoms and that are always clean and paired up with a nice walking sneaker or flip-flop. What we don't want to see is sloppy stretched out sweats, bright colors, logos of your high school golf team or your cousin's pizza shop. Finally, never underestimate the power of a cashmere sweater to pull together a casual outfit. *Exception: One, and we mean one, piece from where you went to college.*

7. So-So Outerwear

We only have a few coats and jackets, so there are items that should serve as the final layer that completes your put-together outfit. That cannot be done with a green barn jacket, or a Bruins windbreaker, or a ski parka in neon colors with ski-lift tags still attached from your brother-in-law's ski-themed bachelor party. Instead, choose a great leather jacket, a dressier wool overcoat and a puffer in a nice neutral color.

8. Belt and Shoes that Clash

The belt color has to match the shoes. Period.

9. The Wrong Underwear

Do not wear boxers with dress pants that are lightweight enough to show the bunching. Instead, wear basic or boxer briefs. Another big underwear mistake is wearing tank undershirts (wifebeaters) or crewneck undershirts that show at the collar of a dress shirt. V-neck undershirts are the only way to go!

10. The Exercise Sneakers Outside the Gym

Those big white sneakers with the bouncy balls to advance your running are for just that: running. Not strolling around on the weekend. Not running errands. And if we see you out having lunch in them, we swear we will beat you with a wet noodle! Instead, try a pair of driving moccasins or a walking sneaker like Puma or Diesel or Steve Madden. Check out www.bluefly.com for some very wearable options that won't land you on this fashion no no's list!