

Staying Warm and Fashionable Through the Winter Blahs



Want to stay warm and still be fashionable through the winter season? Let our style team guide you through the myriad of winter-wear options. Layering is the best way to stay warm in the elements, and still look trendy. The know-how to layer properly is the difference between a warm, stylish look, or looking like a marshmallow with a face!

Your first layer should be thin and body hugging. Women: look for the Climatesmart line from Cuddl Duds. Men: Consider 2xist, who make fitted tops, bottoms, and underwear tailored to a man's shape. Keep top layers chic as well. Materials like silk, cashmere, and jersey can keep you warm without extra weight. Wrap sweaters and belts help accentuate your curves. Skip the bulky turtleneck, and choose tunics and sweater dresses with a v-neck or cowl neck to elongate your figure.

Focus on balancing thicker pieces. Don't pair wide leg pants with a puffy coat unless you are going for the bloated look. Wear wide leg pants with a cropped or tailored coat. If your coat is short and bulky, wear skinny jeans with tall boots. An extra long jacket should be paired with shoes rather than boots to keep your look streamline.

Your coat is your most important piece this season, and would be your most fruitful splurge. You will wear it nearly everyday, so it is

important that you truly love your coat. Houndstooth, plaid, brocade, and belted trench coats, both long and short, are the must haves this season. Rather than buying a coat with a funky pattern, keep the coat simple, and add fun accessories. This will allow your coat to be more functional throughout future years.

Warm accessories are basically this season's jewelry. Look for gloves with pretty details; they will decorate your hand like a bracelet. For a romantic look, wear a ruffle scarf in flattering colors. On colder days, opt for a wide scarf for extra warmth.

With these simple rules, you're stay stylish and warm all winter long!

Still have some questions? [Book](#) an appointment with your very own Stilista stylist today!